

From Bad 2 Good (The Confirmation Bias Principal)

How to use the Confirmation Bias Principle?

The confirmation bias principle is the key that will allow you to access your desired reality. The law of assumption says you must live in the end, and the law of attraction says you must feel good to attract good things in your life.

Using the confirmation bias principle, you effectively reframe your life to suit your desired reality. As a result, you become happier. Using the Confirmation Bias principle, you automatically use the law of assumption and attraction.



Two Options

Option #1: End of the day

1. Read your statement
2. Look back on your day and work to confirm that the statement you are reading is true. No matter what happens in your day, good things, bad things, or nothing, You must twist your mind to confirm that the statement is true.

3. Read it out loud, say it, feel it, imagine it. Relive it the way it's supposed to be.

Option #2: through out the day

1. keep the general idea of both your Magnet and identity statement in mind throughout the day
2. Whenever something that is contrary to your statement and desired reality happens, reframe it.
3. Whenever something that is in line with your desired reality happens, claim it as proof.

Use both options every day if possible.