The Reality Hacker Handbook

Magnet Statements

What is a magnet statement?

A Magnet statement is a statement that defines what you as a person attract. It is not who you are. What Can a magnet attract?



- Money
 Health
 Freedom
 Happiness
 Good Fortune
 Friends
- Opportunities
- Manifestation
- Luck
- Boys/ Girls / Relationship

Have you ever heard the phrase: He has a magnetic personality? Have you ever met someone who, for some reason, just had the best luck in the world or had all the girls attracted to him? That's the kind of magnetism the magnet statement will create for you.

So think about what kind of magnet "feature" you want. Most importantly, what magnetic features would benefit your ideal self and your identity statement.

Magnetic Statement Example

[Full name] is a Happiness magnet. Every day, he is attracting good fortunes and opportunities into his life. From great friends to Money, Great things always happen to [Full Name]; you could say he's a manifestation magnet and attracts good things into his life.

Copyright © François Racette. Resale or redistribution of this material is strictly prohibited.